#### **QUICKSTART TENNIS**

This is an exciting format for learning tennis developed by the United States Tennis Association. It is designed to bring kids/youth into the game by adapting the equipment, court dimensions and the scoring to the age, skill, and size of children just like other youth sports. Each class will include movement activities and progressive skill development to learn forehands, backhands, and serves in fun and exciting ways.

YOUTH ONLY: Bring a tennis racquet to each class and bring an unopened can of tennis balls to the first class only

## PEE WEE TENNIS PM CLASSES

Day: Mondays - Thursdays Session I: June 12 - 15 Date:

Session II: July 10 - 13 Session III: July 24 - 27 6:00 p.m. – 6:45 p.m.

Time: \$45 per session (resident) Fee:

4 - 7 years old Age:

Location: Kiwanis Tennis Courts

Course Code: 17340 Course Code: 17341 Course Code: 17342

\$67.50 per session (non-resident)



#### YOUTH TENNIS PM CLASSES

Day: Mondays - Thursdays Session I: June 12 - 15 Course Code: 17343 Date: Session II: July 10 - 13 Course Code: 17344 Session III: July 24 - 27 Course Code: 17345

Time: 7:00 p.m. – 8:00 p.m.

\$45 per session(resident) \$67.50 per session(non-resident) Fee:

Aae: 8 - 12 years old

Location: Kiwanis Tennis Courts

# PEE WEE TENNIS AM CLASSES

Mondays - Thursdays Day: Session I: June 5 - 8 Date:

Session II: June 26 - 29 Session III: July 17 - 20

10:15 a.m. - 11:00 a.m. Time: Fee: \$45 per session (resident)

4 - 7 years old Age:

Location: Kiwanis Tennis Courts



# Course Code: 17346 Course Code: 17347

Course Code: 17348

\$67.50 per session (non-resident)

### YOUTH TENNIS AM CLASSES

Mondays - Thursdays Day:

Session I: June 5 - 8 Course Code: 17349 Date: Session II: June 26 - 29 Course Code: 17350 Session III: July 17 - 20 Course Code: 17351

Time: 9:00 a.m. - 10:00 a.m.

\$45 per session(resident) \$67.50 per session(non-resident) Fee:

Age: 8 - 12 years old

Location: Kiwanis Tennis Courts

## **KIWANIS PARK TENNIS DRILLS**

Improve all your tennis skills and learn to play like the pros! The drills are designed to help you improve your technique for the following shots that you will encounter in competitive tennis: forehands, backhands, volleys, half-volleys, overheads and serves. Emphasis will be placed on proper technique including back-swing, footwork, racquet face control, and follow through, plus improving your court positioning. We will also focus on avoiding injuries and building stamina. "Tennis is more fun when you are improving," so bring your racquet and raise your skill level! All drills will include games and competition to put your new strokes to the test. Drills led by Mike Wilson, a P.T.T. Certified Instructor and an A.C.E. Certified Personal Trainer.

Day: Saturdays

Session I: May 13 - June 3 Date:

Session II: June 10 - July 1 Session III: July 8 - 29 Session IV: August 5 - 26

6:00 p.m. – 7:00 p.m. Time: Fee: \$40 per session (resident)

Age: 13 & older

Location: Kiwanis Tennis Courts

Course Code: 17352 Course Code: 17353

Course Code: 17354 Course Code: 17355

\$60 per session (non-resident)